

Ultra Absorbic C<sup>SM</sup> composition is very similar to most cell wall structures including the brain and the intestinal lining. The delivery system has a "covalent like" attraction which enhances its absorption through the gastrointestinal system.

#### THE IMPORTANCE OF VITAMIN-C

Vitamin-C rich fruits and vegetables represent the major dietary source of vitamins. More than 80% of US adults consume 2 or fewer servings of fruits and vegetables daily and 10% of adults do not consume fruits and vegetables daily. This is a problem because Vitamin-C is used quickly and retained in the body poorly without continuous intake.

Vitamin-C has a wide variety of functions in the body which impact the immune system, cardiovascular health and, because of its antioxidant capabilities it plays a role in protecting us from cellular damage that may result in cancer and premature aging.

Ascorbic acid is clearly recognized as an agent with broad biological function and importance.

*Such functions include:*

- Synthesis of hormones and neurotransmitters
- Cytochrome P-450 activity
- Detoxification of exogenous compounds
- Cholesterol metabolism
- Antioxidant functions
- Enhances leukocyte chemotaxis
- Stimulates interferon production
- Assists collagen synthesis
- Basement membrane integrity

#### CLINICAL STUDIES ON ESSENTIAL PHOSPHOLIPIDS (EPL) PROVE NUMEROUS HEALTH BENEFITS

Essential phospholipids (EPL) 1-2 grams taken intravenously have shown multiple cardiovascular benefits. Over 100 human clinical trials in Europe and the USA have been performed and determined the following results:

- Lowers mean total serum cholesterol by 12% to 25%
- Decreases LDL (bad cholesterol) by 34%
- Increases HDL (good cholesterol) by 50% to 100%
- Substantially lowers cardiovascular risk ratio
- Increases peripheral and brain circulation
- Decreases reactive platelet aggregation by 60% in patients with angina pectoris
- Increases fluidity of red blood cell membranes
- Decreases angina chest pain and can help eliminate chest pain attacks
- Increases exercise tolerance by as much as 900% with angina prone patients

#### PROVEN BENEFITS OF VITAMIN-C

Vitamin-C provides antioxidant function, and is essential in the formation of collagen which is directly related to the proper functioning of:

- The immune system
- Iron absorption
- Carnitine synthesis
- Cholesterol metabolism

*Collagen, simply holds the body together:*

Vitamin-C is an enzyme cofactor soluble antioxidant which blocks the formation of carcinogenic nitrosamines found in blackened barbecued meats and other foods. Vitamin-C protects against carcinogen-induced chromosomal breakage and reconstitutes Vitamin E.

#### BENEFITS OF ULTRA ABSORBIC-C<sup>SM</sup>

- Doses up to 30 gm. per day are easily absorbed
- Delicious tasty liquid oral delivery
- Highest assimilation
- Rarely a side effect
- Non-corn source
- 10 grams (10,000mg.) Mix with cranberry juice or lemonade
- Slowly released micro-droplets maintains high levels of Vitamin-C over 72 hours.

#### SUPPLEMENT FACTS

Serving Size: Teaspoon	Serving Per Container 12	
Ingredients	Amount per serving	%Daily value*
<b>Calories</b>	6	
<b>Calories From Fat</b>	2.2	
<b>Total Fat</b>	0.553 g	<1%
<b>Sodium</b> (Hydroxide, Carbonate)	166 mg	7%
<b>Total Carbohydrate</b>	1 g	0%
<b>Vitamin C</b> (as ascorbic acid)	934 mg	1557%
<b>Magnesium</b> (Oxide)	13.8 mg	3%
<b>Alpha Lipoic Acid</b>	4.7 mg	**
<b>Lecithin</b> (Phosphatidyl Choline 76%)	553 mg	**

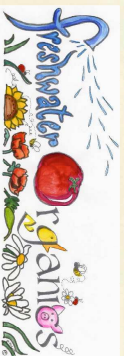
\* Percent Daily Values are Based on a 2000 Calorie Diet

\*\* Daily Value Not Established

#### DOSAGE INFORMATION

*Suggested Use:*

Use as a dietary supplement, 1 oz. (1/2) bottle with 8 oz. juice (cranberry or pineapple juice), 1 - 2 times weekly with meals or as directed by your healthcare professional.



Freshwater Organics  
11089 Justin Park Drive  
Sandy, UT 84092  
801-572-1775

[www.freshwaterorganics.com](http://www.freshwaterorganics.com)